



Small game to get to know each other and also to discover the broad concept of sustainability.



Learning experience



Topic

Sustainability



15 min.



Participants

- Have a first idea on their personal impact
- understand the variety of topics connected to the concept of sustainability



Suitable for
outdoor sport instructors
and course participants



Practical sessions
Theoretical lessons



Outdoor F2F
Indoor F2F



Materials needed

Printed Bingo card and pen for each participant
Printable resources provided in appendix in two variations:

- General sustainability
- Winter sport



Small game to get to know each other and also to discover the broad concept of sustainability.



Preparation

Every participant gets a Bingo card and has enough space to move freely around in the group.

Activity instruction

Participants are asked to find people within the group that fulfil the criteria listed in the boxes. The goal is to find 4 matching people in a row – either horizontal, vertical or diagonal.

Every person can only be put once. It is important to verify the thoughts by asking the people directly.

Although the first person that achieves to find four persons in a row has to shout Bingo and is the winner, the rest of the group can go on. It is not about time, it is about getting into discussion.

Reflection and discussion

In a short reflection, you can ask participants to share some thoughts about the included statements and how they address sustainability. Additionally, participants can add ideas what comes into their mind when they think about sustainability.



Key words

#sustainability
#warmup #getting to know
each other
#wintersports



Source

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Bingo card "General sustainability"

Within all participants, find a person that...

Knows how to change a bicycle tube	Is able to provide a definition on sustainability	Did plant a tree by one's own hands	Has an account at a socio-ecological bank
Knows the SDGs	Uses green electricity	Goes to work by bike or public transport	Collects litter when practicing outdoor sports
Is vegetarian	Has volunteered in an environmental programme	Owens second hand clothes	Did a compensation of carbon emissions after a flight or train/bus travel
Knows 5 endangered ocean species	Has already gone on holidays using a bike as means of transport	Knows the 10 principles in Outdoor sports developed by ENOS and Europarc	Uses car sharing

Rules:

You need four persons in a row either vertical, horizontal or diagonal.

You can place every person just once.

You have to verify your thoughts – get in discussion!

It is not about time, it is about getting to know each other.



Bingo "Sustainability in winter sports"

Within all participants, find a person that...

Goes skiing / snowboarding etc. by public transport	Is able to provide a definition on sustainability	Did plant a tree by one's own hands	Has an account at a socio-ecological bank
Knows the SDGs	Uses green electricity	Goes to work by bike or public transport	Collects litter when practicing snow sports
Is vegetarian	Has volunteered in an environmental programme	Owns second hand clothes	Did a compensation of carbon emissions after a flight or train/bus travel
Knows 5 endangered Alpine species	Owns a piece of sports equipment that is older than 5 years	Offers courses for disadvantaged groups	Uses car sharing

Rules:

You need four persons in a row either vertical, horizontal or diagonal.

You can place every person just once.

You have to verify your thoughts – get in discussion!

It is not about time, it is about getting to know each other.